

### **Client Information**

Client Name

**Test Client** 

Date of birth (age)

23 March 1980 (37)

### **Assessment Information**

Assessment

Penn State Worry Questionnaire (PSWQ)

Date administered

18 April 2017

Assessor Time taken Mr. Demo Assessor 0 minutes 10 seconds

#### Results

	Value
Raw Score	52
Normative Percentile	92.7
Social Anxiety Percentile	38.8
GAD Percentile	1.4

# **Interpretive Text**

This individual's responses indicate that they are bothered by worries but below clinical range for worry

# **Scoring and Interpretation Information**

Scores range from 16 to 80 with higher scores indicative of higher levels of trait worry. A total raw score is given as output which is converted into three percentiles, comparing the total score to three different samples: An adult community sample (n = 244) showing the client's score in relation to the normal population (Gillis, Haaga, & Ford, 1995). A social anxiety disorder percentile comparing the client's score with those with social anxiety (n = 132) and a GAD percentile comparing scores to people diagnosed with generalised anxiety disorder (n = 28), (Turk, Fresco, Mennin & Heimberg (2001). Typically individuals with GAD will score highly on this measure compared to other anxiety disorders.

# **Client Responses**

		Not at all typical	Rarely typical of me	Somewhat typical of me	Often typical of me	Very typical of me
1	If I don't have enough time to do everything, I don't worry about it.	5	4	3	2	1
2	My worries overwhelm me.	1	2	3	4	5
3	I do not tend to worry about things.	5	4	3	2	1



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Client Responses (cont.)								
		Not at all typical	Rarely typical of me	Somewhat typical of me	Often typical of me	Very typical of me		
4	Many situations make me worry.	1	2	3	4	5		
5	I know I shouldn't worry about things, but I just cannot help it.	1	2	3	4	5		
6	When I am under pressure I worry a lot.	1	2	3	4	5		
7	I am always worrying about something.	1	2	3	4	5		
8	I find it easy to dismiss worrisome thoughts.	5	4	3	2	1		
9	As soon as I finish one task, I start to worry about everything else I have to do.	1	2	3	4	5		
10	I never worry about anything.	5	4	3	2	1		
11	When there is nothing more I can do about a concern, I don't worry about it anymore.	5	4	3	2	1		
12	l've been a worrier all my life.	1	2	3	4	5		
13	I notice that I have been worrying about things.	1	2	3	4	5		
14	Once I start worrying, I can't stop.	1	2	3	4	5		
15	I worry all the time.	1	2	3	4	5		
16	I worry about projects until they are done.	1	2	3	4	5		