BetterMind
BetterWorld
HEALTHCARE

Client Information

Client Name	Dummy Client
Date of birth (age)	1 January 2000 (24)

Assessment Information

Assessment	Positive and Negative Affect Schedule (PANAS)
Date administered	10 February 2024
Assessor	Mr Jimmy Whispers
Time taken	0 minutes 21 seconds

Results

	Score (10-50)	Normative Percentile
Positive Affect	30	66.8
Negative Affect	28	99.2

Percentiles
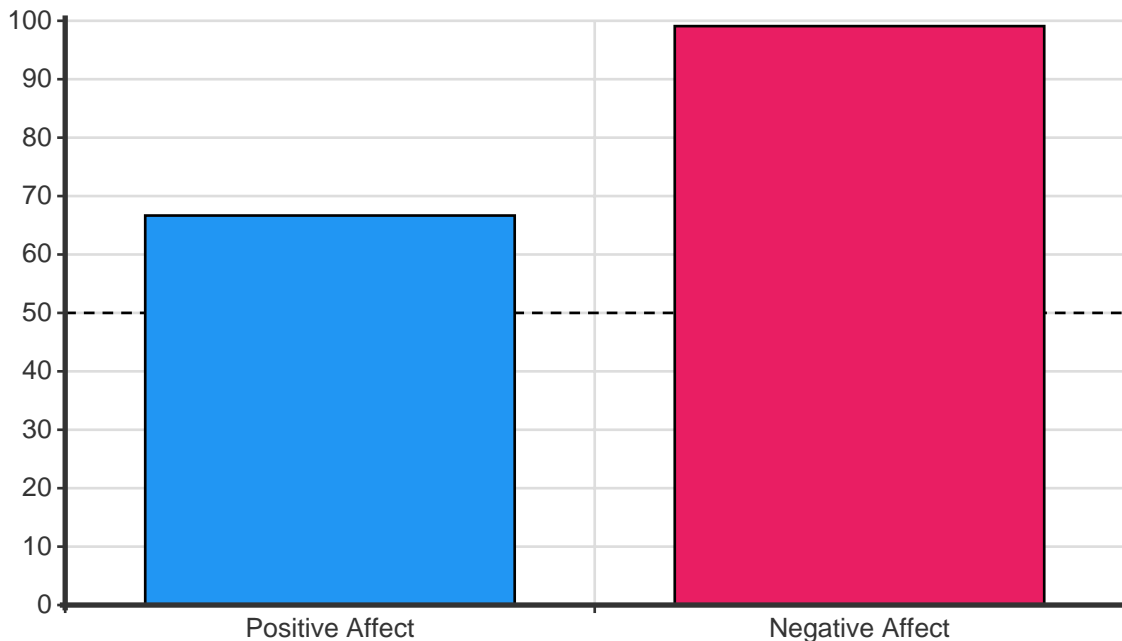
Scoring and Interpretation Information

The PANAS score is separated into the Positive Affect (PA) and Negative Affect (NA) scores, with a higher score indicating more positive or negative affect respectively. Note, that although a very high score on the PA scale is worthy of attention (i.e. manic patients will typically score very highly on PA), the principal clinical concern will be with patients who show very low levels of positive affect (i.e. are anhedonic) and thus obtain low percentile ranks. In contrast, a high score on the NA (and a high percentile) is an indicator of

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Scoring and Interpretation Information (cont.)

psychological distress.

Normative data was collected from over 1,000 Australian adults and is used to calculate percentiles. A percentile rank of 50 indicates an average level of positive or negative affectivity in comparison to the normative group.

There are two subscales of the PANAS:

Positive Affect (items 1, 3, 5, 9, 10, 12, 14, 16, 17, and 19). Higher scores represent higher levels of PA and are associated with pleasurable engagement with the environment.
Negative Affect Sore (items 2, 4, 6, 7, 8, 11, 13, 15, 18, and 20). Higher scores represent higher levels of NA and reflect a dimension of general distress summarising a variety of negative states such as anger, guilt, or anxiety.

Client Responses

		Very slightly or not at all	A little	Moderately	Quite a bit	Extremely
1	Interested	1	2	**3**	4	5
2	Distressed	1	**2**	3	4	5
3	Excited	1	2	**3**	4	5
4	Upset	1	2	**3**	4	5
5	Strong	1	**2**	3	4	5
6	Guilty	1	2	3	**4**	5
7	Scared	1	2	3	**4**	5
8	Hostile	1	2	**3**	4	5
9	Enthusiastic	1	2	**3**	4	5
10	Proud	1	2	3	**4**	5
11	Irritable	1	**2**	3	4	5
12	Alert	1	**2**	3	4	5

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Client Responses (cont.)

		Very slightly or not at all	A little	Moderately	Quite a bit	Extremely
13	Ashamed	**1**	**2**	**3**	**4**	**5**
14	Inspired	**1**	**2**	**3**	**4**	**5**
15	Nervous	**1**	**2**	**3**	**4**	**5**
16	Determined	**1**	**2**	**3**	**4**	**5**
17	Attentive	**1**	**2**	**3**	**4**	**5**
18	Jittery	**1**	**2**	**3**	**4**	**5**
19	Active	**1**	**2**	**3**	**4**	**5**
20	Afraid	**1**	**2**	**3**	**4**	**5**