

Client Information

Client Name	Client Demo		
Date of birth (age)	18 January 1998 (22)		

Assessment Information

Assessment	Zung Self-Rating Depression Scale (ZUNG)
Date administered	8 October 2020
Assessor	Mr Demo Assessor
Time taken	3 minutes 40 seconds

Results

	Γ	Value
Total Score		64
Core Depressive	Factor	26
Cognitive Fac	tor	14
Anxiety Fact	or	9
Somatic Fact	or	10

Interpretive Text

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	This individual scored within the moderately depressed range.



Zung Total Depressive Factor



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Scoring and Interpretation Inf	ormation
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	Results consist of a total score as well as scores for the 4 subscales: Total scores range from 20 through 80. The average score for an individual with a depressive disorder is 65. Scores are broken down into the following ranges: - 20-49 Normal Range - 50-59 Mildly Depressed - 60-69 Moderately Depressed
	 70 and above Severely Depressed
	The core depressive factor is computed from items 1, 3, 6, 14, 17, 18, 19 and 20. The minimum score is 8 and the maximum score is 32.
	The cognitive factor is computed from items 10, 11, 12, and 16. The minimum score is 4 and the maximum score is 16.
	The anxiety factor is computed from items 4, 13 and 15. The minimum score is 3 and the maximum score is 12.
	The somatic factor is computed from items 5, 7 and 9. The minimum score is 3 and the maximum score is 12.

C	Client Responses					
		A little of the time	Some of the time	Good part of the time	Most of the time	
1	I feel down-hearted and blue	1	2	3	4	
2	Morning is when I feel the best	4	3	2	1	
3	I have crying spells or feel like it	1	2	3	4	
4	I have trouble sleeping at night	1	2	3	4	
5	I eat as much as I used to	4	3	2	1	
6	l still enjoy sex	4	3	2	1	
7	I notice that I am losing weight	1	2	3	4	
8	I have trouble with constipation	1	2	3	4	
9	My heart beats faster than usual	1	2	3	4	

Client Responses

BetterMind BetterWorld WHEALTHCARE

Client Name Client Demo

Client Responses (cont.)					
		A little of the time	Some of the time	Good part of the time	Most of the time
10	I get tired for no reason	1	2	3	4
11	My mind is as clear as it used to be	4	3	2	1
12	I find it easy to do the things I used to	4	3	2	1
13	I am restless and can't keep still	1	2	3	4
14	I feel hopeful about the future	4	3	2	1
15	I am more irritable than usual	1	2	3	4
16	I find it easy to make decisions	4	3	2	1
17	I feel that I am useful and needed	4	3	2	1
18	My life is pretty full	4	3	2	1
19	I feel that others would be better off if I were dead	1	2	3	4
20	I still enjoy the things I used to do.	4	3	2	1