

Client Information

Client Name | Te

Test Client

Date of birth (age)

23 March 1980 (37)

Assessment Information

Assessment

Social Phobia Scale (SPS)

Date administered

18 April 2017

Assessor Time taken Mr. Demo Assessor
0 minutes 13 seconds

Results

	Value
Raw Score	48
Normative Community Percentile	99.9
Social Phobia Percentile	69.1

Scoring and Interpretation Information

A raw total score ranging from 0-80 is given as output, with higher scores indicating higher anxiety about being observed or scrutinised. The total raw score is converted into two percentiles, comparing the client to a social phobia sample (n = 243) and an adult community sample (n = 315) (Mattick & Clarke, 1998).

A percentile of 50 compared to the social phobia group represents typical symptom severity for someone who has been independently diagnosed with social phobia. A percentile of 50 in the community sample represents the typical score among the population, and is indicative of a normal level of social fear.

Client Responses

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		Not at all	Slightly	Moderately	Very	Extremely		
1	I become anxious if I have to write in front of other people	0	1	2	3	4		
2	I become self-conscious when using public toilets	0	1	2	3	4		
3	I can suddenly become aware of my own voice and of others listening to me	0	1	2	3	4		
4	I get nervous that people are staring at me as I walk down the street	0	1	2	3	4		
5	I fear I may blush when I am with others	0	1	2	3	4		



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Client Responses (cont.)									
		Not at all	Slightly	Moderately	Very	Extremely			
6	I feel self-conscious if I have to enter a room where others are already seated	0	1	2	3	4			
7	I worry about shaking or trembling when I'm watched by other people	0	1	2	3	4			
8	I would get tense if I had to sit facing other people on a bus or a train	0	1	2	3	4			
9	I get panicky that others might see me to be faint, sick or ill	0	1	2	3	4			
10	I would find it difficult to drink something if in a group of people	0	1	2	3	4			
11	It would make me feel self-conscious to eat in front of a stranger at a restaurant	0	1	2	3	4			
12	I am worried people will think my behaviour is odd	0	1	2	3	4			
13	I would get tense if I had to carry a tray across a crowded cafeteria	0	1	2	3	4			
14	I worry I'll lose control of myself in front of other people	0	1	2	3	4			
15	I worry I might do something to attract the attention of others	0	1	2	3	4			
16	When in an elevator I am tense if people look at me	0	1	2	3	4			
17	I can feel conspicuous standing in a queue	0	1	2	3	4			
18	I get tense when I speak in front of other people	0	1	2	3	4			
19	I worry my head will shake or nod in front of others	0	1	2	3	4			
20	I feel awkward and tense if I know people are watching me	0	1	2	3	4			