

Client Information

<i>Client Name</i>	Test Client
<i>Date of birth (age)</i>	23 March 1980 (37)

Assessment Information

<i>Assessment</i>	Social Avoidance and Distress Scale (SADS)
<i>Date administered</i>	18 April 2017
<i>Assessor</i>	Mr. Demo Assessor
<i>Time taken</i>	0 minutes 30 seconds

Results

	Value
Total Score	11
Percentile	49

Interpretive Text

<p>Average Range. This individual may experience moderate levels of distress in some social situation and engage in adaptive social avoidance.</p>
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Scoring and Interpretation Information

<p>Scores consist of total raw score (from 0 to 28) and a percentile rank based on Watson and Friend's validation sample. The overall mean for this sample was 9.11 and the standard deviation 8.01, although it should be noted that there was a strong positive skew in results. This, combined with the fact that the sample were university students, means that percentiles should be interpreted with caution. Watson & Friend divided their sample into high, average and low scorers as follows:</p> <p>Low 0 or 1. Average 2 to 11. High 12 and up.</p> <p>Generally the lower scores on the SAD are considered to be most adaptive because they are associated with self-esteem and social engagement, however, individuals who score very low on the SAD have been shown to have a higher need for social control and dominance (Geist & Borecki, 1982). Thus, very low scorers maybe resistant to prosocial activities. Higher scorers on the SADS have lower self confidence, lower need for social affiliation, low need for dominance and a high need for deference.</p>

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Client Responses

		True	False
1	I feel relaxed even in unfamiliar social situations	0	1
2	I try to avoid situations, which force me to be very sociable	1	0
3	It is easy for me to relax when I am with strangers	0	1
4	I have no particular desire to avoid people	0	1
5	I often find social occasions upsetting	1	0
6	I usually feel calm and comfortable at social occasions	0	1
7	I am usually at ease when talking to someone of the opposite sex	0	1
8	I try to avoid talking to people unless I know them well	1	0
9	If the chance comes to meet new people, I often take it	0	1
10	I often feel nervous or tense in casual get-togethers in which both sexes are present	0	1
11	I am usually nervous with people unless I know them well	1	0
12	I usually feel relaxed when I am with a group of people	0	1
13	I often want to get away from people	1	0
14	I usually feel uncomfortable when I am in a group of people I don't know	0	1
15	I usually feel relaxed when I meet someone for the first time	0	1
16	Being introduced to people makes me tense and nervous	1	0
17	Even though a room is full of strangers, I may enter it anyway	0	1
18	I would avoid walking up and joining a large group of people	1	0
19	When my superiors want to talk with me, I talk willingly	0	1
20	I often feel on edge when I am with a group of people	1	0

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Client Responses (cont.)			
		True	False
21	I tend to withdraw from people	1	0
22	I don't mind talking to people at parties or social gatherings	0	1
23	I am seldom at ease in a large group of people	1	0
24	I often think of excuses in order to avoid social engagements	1	0
25	I sometimes take the responsibility for introducing people to each other	0	1
26	I try to avoid formal social occasions	1	0
27	I usually go to whatever social engagements I have	0	1
28	I find it easy to relax with other people	0	1