

### Client Information

<i>Client Name</i>	Demo Client
<i>Date of birth (age)</i>	01 January 1990 (31)

### Assessment Information

<i>Assessment</i>	Perfectionistic Cognitions Inventory (PCI)
<i>Date administered</i>	31 October 2021
<i>Assessor</i>	Mr Demo Account
<i>Time taken</i>	1 minutes 56 seconds

### Results

	Raw Score	Community Percentile Age 26 - 45	Clinical Percentile
Total Score (0 - 100)	28	32.6	23.8

### Scoring and Interpretation Information

Items are summed to obtain a total score. Higher scores indicate increased perfectionism cognitions.

Percentiles are presented to indicate how the PCI scores compare to the community and clinical sample (The University of British Columbia). A percentile of approximately 50 compared to the Community sample represents average (healthy) levels of perfectionism, and scores above, for example, the 85th percentile represent clinically significant perfectionism. The clinical percentile represents how this individual scores compared to psychiatric patients. Given individuals in psychiatric care tend to be slightly more perfectionistic, the psychiatric percentile will be slightly lower than the community percentile.

### Client Responses

		Not At All	Sometimes	Moderately Often	Often	All of the time
1	Why can't I be perfect	0	1	2	3	4
2	I need to do better	0	1	2	3	4
3	I should be perfect	0	1	2	3	4
4	I should never make the same mistake twice	0	1	2	3	4
5	I've got to keep working on my goals	0	1	2	3	4

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### Client Responses (cont.)

		Not At All	Sometimes	Moderately Often	Often	All of the time
6	I have to be the best	0	1	2	3	4
7	I should be doing more	0	1	2	3	4
8	I can't stand to make mistakes	0	1	2	3	4
9	I have to work hard all the time	0	1	2	3	4
10	No matter how much I do, it's never enough	0	1	2	3	4
11	People expect me to be perfect	0	1	2	3	4
12	I must be efficient at all times	0	1	2	3	4
13	My goals are very high	0	1	2	3	4
14	I can always do better, even if things are almost perfect	0	1	2	3	4
15	I expect to be perfect	0	1	2	3	4
16	Why can't things be perfect?	0	1	2	3	4
17	My work has to be superior	0	1	2	3	4
18	It would be great if everything in my life was perfect	0	1	2	3	4
19	My work should be flawless	0	1	2	3	4
20	Things are seldom ideal	0	1	2	3	4
21	How well am I doing?	0	1	2	3	4
22	I can't do this perfectly	0	1	2	3	4
23	I certainly have high standards	0	1	2	3	4
24	Maybe I should lower my goals	0	1	2	3	4

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<b>Client Responses (cont.)</b>		Not At All	Sometimes	Moderately Often	Often	All of the time
25	I am too much of a perfectionist	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>