

Client Information

<i>Client Name</i>	Test Client
<i>Date of birth (age)</i>	23 March 1980 (37)

Assessment Information

<i>Assessment</i>	Pain Self-Efficacy Questionnaire (PSEQ)
<i>Date administered</i>	18 April 2017
<i>Assessor</i>	Mr. Demo Assessor
<i>Time taken</i>	0 minutes 8 seconds

Results

	Value
Raw Score	42
Percentile	56.9

Interpretive Text

Compared to other individuals with chronic pain this individual feels more confident in their ability to cope with discomfort. Such scores are associated with positive outcomes where individuals feel confident to participate in daily activities despite pain.
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Scoring and Interpretation Information

<p>The score can range from 0 - 60 and is computed by simple addition. High PSEQ scores are strongly associated with clinically-significant functional levels and provide a useful gauge for evaluating outcomes in chronic pain patients. Higher scores (and a higher percentile) represent higher confidence to function with pain.</p> <p>Scores around 40, as found in injured workers who returned to work (Cohen et al, 2000; Adams and Williams, 2003) are associated with return to work and maintenance of functional gains, whilst lower scores after treatment (e.g., 30) tend to predict less sustainable gains (Coughlan et al, 1995).</p> <p>Results consist of the total raw score and a percentile score. The percentile is derived from Vong et al., (2009), where the mean score was 40.1 (SD=11.0) in those with chronic pain.</p>

Client Responses

		Not at all Confident						Complete ly Confident
1	I can enjoy things, despite the pain.	0	1	2	3	4	5	6

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Client Responses (cont.)								
		Not at all Confident					Complete ly Confident	
2	I can do most of the household chores (e.g. tidying-up, washing dishes, etc.), despite the pain.	0	1	2	3	4	5	6
3	I can socialise with my friends or family members as often as I used to do, despite the pain.	0	1	2	3	4	5	6
4	I can cope with my pain in most situations.	0	1	2	3	4	5	6
5	I can do some form of work, despite the pain. ('work' includes housework, paid and unpaid work).	0	1	2	3	4	5	6
6	I can still do many of the things I enjoy doing, such as hobbies or leisure activity, despite pain.	0	1	2	3	4	5	6
7	I can cope with my pain without medication.	0	1	2	3	4	5	6
8	I can still accomplish most of my goals in life, despite the pain.	0	1	2	3	4	5	6
9	I can live a normal lifestyle, despite the pain.	0	1	2	3	4	5	6
10	I can gradually become more active, despite the pain.	0	1	2	3	4	5	6