

Client Information

Client Name | Client Demo

Date of birth (age) | 18 January 1998 (22)

Assessment Information

Assessment
Date administered

Experience in Close Relationship Scale - Short Form (ECR-S)

ered 9 October 2020

Assessor Mr Demo Assessor
Time taken 0 minutes 57 seconds

Results

	Total	Percentile
Anxiety Scale	28	79.4
Avoidance Scale	21	79

Interpretive Text

No Interpretation

Scoring and Interpretation Information

Results consist of two scores for the two separate factors; attachment anxiety and attachment avoidance. The minimum score for each scale is 7 and a maximum score of 42. In addition, scores are represented in terms of percentile ranks in accordance to Wei et al.'s (1998) undergraduate sample, where higher percentiles represent more difficulties with adult attachment compared to peers.

- Attachment avoidance is defined as involving fear of dependence and interpersonal intimacy, an excessive need for self-reliance, and reluctance to self-disclose.
- Attachment anxiety is defined as involving a fear of interpersonal rejection or abandonment, an excessive need for approval from others, and distress when one's partner is unavailable or unresponsive.

People who score high on either or both of these dimensions are assumed to have an insecure adult attachment orientation. By contrast, people with low levels of attachment anxiety and avoidance can be viewed as having a secure adult attachment orientation (Brennan et al., 1998). In addition, higher scores are significantly and positively related to depression, anxiety, interpersonal distress, or loneliness.



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Client Responses									
		Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree	
1	It helps to turn to my romantic partner in times of need.	7	6	5	4	3	2	1	
2	I need a lot of reassurance that I am loved by my partner.	1	2	3	4	5	6	7	
3	I want to get close to my partner, but I keep pulling back.	1	2	3	4	5	6	7	
4	I find that my partner doesn't want to get as close as I would like.	1	2	3	4	5	6	7	
5	I turn to my partner for many things, including comfort and reassurance.	7	6	5	4	3	2	1	
6	My desire to be very close sometimes scares people away.	1	2	3	4	5	6	7	
7	I try to avoid getting too close to my partner.	1	2	3	4	5	6	7	
8	I don't worry about being abandoned.	7	6	5	4	3	2	1	
9	I usually discuss my problems and concerns with my partner.	7	6	5	4	3	2	1	
10	I get frustrated if my romantic partner is not available when I need them.	1	2	3	4	5	6	7	
11	I am nervous when my partner gets too close to me.	1	2	3	4	5	6	7	
12	I worry that a romantic partner won't care about me as much as I care about them.	1	2	3	4	5	6	7	