

Client Information

Client Name | Client Demo

Date of birth (age) | 18 January 1998 (22)

Assessment Information

Assessment

Dissociative Experiences Scale - II (DES-II)

Date administered

7 October 2020 Mr Demo Assessor

Assessor Time taken

3 minutes 25 seconds

Total and Subscale scores

	Raw Score	Average score (0 to 100)
Total	680	24.3
Amnesia Factor	80	13.3
Depersonalization/Derealization Factor	90	15
Absorption Factor	220	36.7

Percentiles Compared To Comparison Groups

Non-clinical adult percentile	88.5
Student/Adolescent percentile	75.8
General psychiatric patient percentile	67.8
History of abuse percentile	40.8
Personality disorders percentile	61.4
PTSD percentile	34.4
Dissociative disorders percentile	22.1

Scoring and Interpretation Information

The total scores can be between 0 and 100, where high levels of dissociation are indicated by scores of 30 or more. Scores are also presented as percentile ranks compared with clinical and non-clinical samples (as reported by IJzendoorn & Schuengel, 1996). A percentile of 50 compared a general psychiatric patient indicates the typical score for those under psychiatric care, and is lower than than typical scores seen in personality disorders, PTSD and dissociative disorders.

Raw scores (sum of items) and average scores (sum items / number of items) for the three subscales are also reported.

1. Amnesia Factor.

This factor measures memory loss, i.e., not knowing how you got somewhere, being dressed in clothes you don't remember putting on, finding new things among belongings you don't remember buying, not recognizing friends or family members, finding evidence



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Scoring and Interpretation Information (cont.)

of having done things you don't remember doing, finding writings, drawings or notes you must have done but don't remember doing. Items — 3, 4, 5, 8, 25, 26.

2. Depersonalization/Derealization Factor:

Depersonalization is characterized by the recurrent experience of feeling detached from one's self and mental processes or a sense of unreality of the self. Items relating to this factor include feeling that you are standing next to yourself or watching yourself do something and seeing yourself as if you were looking at another person, feeling your body does not belong to you, and looking in a mirror and not recognizing yourself. Derealization is the sense of a loss of reality of the immediate environment. Items — 7, 11, 12, 13, 27, 28.

3. Absorption Factor:

This factor includes being so preoccupied or absorbed by something that you are distracted from what is going on around you. The absorption primarily has to do with one's traumatic experiences. Items of this factor include realizing that you did not hear part or all of what was said by another, remembering a past event so vividly that you feel as if you are reliving the event, not being sure whether things that they remember happening really did happen or whether they just dreamed them, when you are watching television or a movie you become so absorbed in the story you are unaware of other events happening around you, becoming so involved in a fantasy or daydream that it feels as though it were really happening to you, and sometimes sitting, staring off into space, thinking of nothing, and being unaware of the passage of time. Items — 2, 14, 15, 17, 18, 20.

Client Responses												
		0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100 %
1	Some people have the experience of driving or riding in a car or bus or subway and suddenly realizing that they don't remember what has happened during all or part of the trip. Select the number to show what percentage of the time this happens to you. (0% Never, 100% Always)	0	10	20	30	40	50	60	70	80	90	100
2	Some people find that sometimes they are listening to someone talk and they suddenly realize that they did not hear part or all of what was said.	0	10	20	30	40	50	60	70	80	90	100
3	Some people have the experience of finding themselves in a place and have no idea how they got there.	0	10	20	30	40	50	60	70	80	90	100
4	Some people have the experience of finding themselves dressed in clothes that they don't remember putting on.	0	10	20	30	40	50	60	70	80	90	100
5	Some people have the experience of finding new things among their belongings that they do not remember buying.	0	10	20	30	40	50	60	70	80	90	100



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Client Responses (cont.)												
		0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100 %
6	Some people sometimes find that they are approached by people that they do not know, who call them by another name or insist that they have met them before.	0	10	20	30	40	50	60	70	80	90	100
7	Some people sometimes have the experience of feeling as though they are standing next to themselves or watching themselves do something and they actually see themselves as if they were looking at another person.	0	10	20	30	40	50	60	70	80	90	100
8	Some people are told that they sometimes do not recognize friends or family members.	0	10	20	30	40	50	60	70	80	90	100
9	Some people find that they have no memory for some important events in their lives (for example, a wedding or graduation).	0	10	20	30	40	50	60	70	80	90	100
10	Some people have the experience of being accused of lying when they do not think that they have lied.	0	10	20	30	40	50	60	70	80	90	100
11	Some people have the experience of looking in a mirror and not recognizing themselves.	0	10	20	30	40	50	60	70	80	90	100
12	Some people have the experience of feeling that other people, objects, and the world around them are not real.	0	10	20	30	40	50	60	70	80	90	100
13	Some people have the experience of feeling that their body does not seem to belong to them.	0	10	20	30	40	50	60	70	80	90	100
14	Some people have the experience of sometimes remembering a past event so vividly that they feel as if they were reliving that event.	0	10	20	30	40	50	60	70	80	90	100
15	Some people have the experience of not being sure whether things that they remember happening really did happen or whether they just dreamed them.	0	10	20	30	40	50	60	70	80	90	100
16	Some people have the experience of being in a familiar place but finding it strange and unfamiliar.	0	10	20	30	40	50	60	70	80	90	100
17	Some people find that when they are watching television or a movie they become so absorbed in the story that they are unaware of other events happening around them.	0	10	20	30	40	50	60	70	80	90	100
18	Some people find that they become so involved in a fantasy or daydream that it feels as though it were really happening to them.	0	10	20	30	40	50	60	70	80	90	100
19	Some people find that they sometimes are able to ignore pain.	0	10	20	30	40	50	60	70	80	90	100
20	Some people find that they sometimes sit staring off into space, thinking of nothing, and are not aware of the passage of time.	0	10	20	30	40	50	60	70	80	90	100
21	Some people sometimes find that when they are alone they talk out loud to themselves.	0	10	20	30	40	50	60	70	80	90	100
22	Some people find that in one situation they may act so differently compared with another situation that they feel almost as if they were two different people.	0	10	20	30	40	50	60	70	80	90	100
23	Some people sometimes find that in certain situations they are able to do things with amazing ease and spontaneity that would usually be difficult for them (for example, sports, work, social situations, etc.).	0	10	20	30	40	50	60	70	80	90	100
24	Some people sometimes find that they cannot remember whether they have done something or have just thought about doing that thing (for example, not knowing whether they have just mailed a letter or have just thought about mailing it).	0	10	20	30	40	50	60	70	80	90	100



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Client Responses (cont.)												
		0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100 %
25	Some people find evidence that they have done things that they do not remember doing.	0	10	20	30	40	50	60	70	80	90	100
26	Some people sometimes find writings, drawings, or notes among their belongings that they must have done but cannot remember doing.	0	10	20	30	40	50	60	70	80	90	100
27	Some people sometimes find that they hear voices inside their head that tell them to do things or comment on things that they are doing.	0	10	20	30	40	50	60	70	80	90	100
28	Some people sometimes feel as if they are looking at the world through a fog, so that people and objects appear far away or unclear.	0	10	20	30	40	50	60	70	80	90	100