

# Spence Children's Anxiety Scale - Parent (SCAS-Parent)

## Description

The scale is completed by a parent of an anxious child between the ages of 6 to 18. It provides an overall measure of anxiety together with scores on six sub-scales each tapping a specific aspect of child anxiety.

- Panic attack and agoraphobia
- Separation anxiety
- Physical injury fears
- Social phobia
- Obsessive compulsive
- Generalized anxiety disorder / overanxious disorder

## Validity

The scales was normed and validated by Nauta, Scholing, Rapee, Abbott, Spence and Waters (2004) with 484 parents of anxiety disordered children and 261 parents in a normal control group. Results of confirmatory factor analysis provided support for six intercorrelated factors, that corresponded with the child self-report as well as with the classification of anxiety disorders by DSM-IV (namely separation anxiety, generalized anxiety, social phobia, panic/agoraphobia, obsessive–compulsive disorder, and fear of physical injuries). Compared to the child version of the same test, parent–child agreement ranged from 0.41 to 0.66 in the anxiety-disordered group, and from 0.23 to 0.60 in the control group.

For comprehensive information visit the Spence Children's Anxiety Scale website at:  
[www.scaswebsite.com](http://www.scaswebsite.com)

## Interpretation

Scores consist of a total raw score (between 0 and 114) and six subscale scores. Results are also converted to percentile ranks based on an Anxiety Disordered Children sample and a Normal Population Children sample, based on the child's gender and age (Nauta et al.,

2004).

- Panic attack and agoraphobia (items 12,19,25,27,28,30,32,33,34)
- Separation anxiety (items 5,8,11,14,15,38)
- Physical injury fears (items 2,16,21,23,29)
- Social phobia (items 6,7,9,10,26,31)
- Obsessive compulsive (items 13,17,24,35,36,37)
- Generalized anxiety disorder (items 1,3,4,18,20,22)

Any scores more than the 84th percentile (1 standard deviation from the normal population mean) are considered to be clinically significant.

## Developer

Nauta, Scholing, Rapee, Abbott, Spence and Waters. (2004). A parent report measure of children's anxiety. Behaviour Research and Therapy. 42 (7), 813-839.

## References

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<http://www.scaswebsite.com/>

## Instructions to Client

Below is a list of items that describe children. For each item please tap the response that best describes your child. Please answer all the items.