

Children's Yale-Brown Obsessive Compulsive Scale (CY-BOCS)

Description

The Children's Yale-Brown Obsessive Compulsive Symptom Scale asks about symptoms of obsessive compulsive disorder in young people (4 to 18). It can be used as a clinician rated checklist or completed by the child/adolescent themselves, or with the help of their parent(s).

Validity

The CY-BOCS has good convergent validity with a measure of global psychological impairment, and reasonable divergent validity with measures of anxiety and depression. The CY-BOCS is a clinically useful tool for assessment of the degree of impairment and stress in child and adolescent patients diagnosed as suffering from Obsessive Compulsive Disorder.

Interpretation

A list of past and current symptoms are provided which are used to determine target obsessions and compulsions in treatment. A total score of between 0 and 118 is computed, however interpretation is best clinicians

Developer

Goodman, W. K., Price, L. H., Rasmussen, S. A. et al. (1989). The Yale-Brown Obsessive–Compulsive Scale. *Arch Gen Psychiatry*, 46, 1006-1011

References

Instructions to Client

This questionnaire can be completed by the child/adolescent, parents, or both working together. We are interested in getting the most accurate information possible. There are no

right or wrong answers. Please just answer the best you can.